

## Alpine Church of Spiritual Living Celebrates its 30 Year Anniversary

Come join our Anniversary Celebration on SUNDAY, NOVEMBER 11, from 12:30 p.m. - 2:30 p.m., at Alpine Church of Spiritual Living, Fuller Hall, 2225 West Victoria Drive, Alpine, CA 91901. For more information go to the *Events* page of our website:

<https://www.alpinechurchofspiritualliving.org/events.html>

Thirty years ago, the Alpine Church of Spiritual Living, or ACSL, planted its roots in Alpine. The founding minister was Rev. Pauline Beauregard. She received “seed money” from Christ Church Unity of San Diego when Rev. Robert L. Stevens was minister.

Unable to find a suitable home for a church, Rev. Pauline opened a bookstore in the Alpine Creek Town Center. The bookstore sold books on metaphysics and other topics and held classes on spirituality in the evenings. Rev. Pauline operated the bookstore for four years and then left to accomplish other ministerial pursuits.

The proceeds from the sale of the bookstore were given to a small group, which included Lois Cowan, Ann Eidsmore, Mary Anne Herlihy, Pat Heyser and Jean Tharp. This core group of ladies possessed the vision and determination to start Sunday services in Alpine. The first service was held in the original Community Center building in March 1992. Rev. Arthur Hammons of Christ Church Unity in El Cajon officiated.

In the years that have followed there have been four different Unity and Religious Science ministers. The fifth and current minister, Rev. Gay Beauregard, has been the Senior Minister of the Alpine Church of Spiritual Living since July 2002.

During her tenure as minister, Rev. Gay has been deeply committed to our East County Communities. The day after the Cedar Fires of 2003, she wanted to send a message of encouragement to Alpine by writing a “Thought for the Week”, which has been continually published in the Alpine Sun newspaper, and is now also posted in the Alpine Community Network each and every week. It was under her direction that the church began an outreach ministry to visit and sing with the folks at the Alpine View Lodge. The church also supports other local events and has participated in the Viejas Days Parade and Christmas Toy Drive.

Recently the church was given the opportunity to rent space at Alpine Community Church. Sunday services are offered in Fuller Hall, at 2225 West Victoria Drive. In addition, fun gatherings such as mindfulness meditation, drum circle meditation, a metaphysical book club and spiritual education are offered throughout the week. For more information on church events go to the Events Calendar on our website:

<https://www.alpinechurchofspiritualliving.org/calendar-events-links.html>

ACSL's Mission Statement is to:

“Joyfully inspire everyone on all spiritual paths to be Love in action.”

And our Motto is:

Live – Love – Grow.

We Live the Life we Love and We Grow in our Love for Life.

Per the founder of Religious Science, Ernest Holmes: “The philosophy of Religious Science is nothing new to the world. It is rather a synthesis of the greatest concepts that have ever come to the mind of humankind. The laws of Moses, the love of Christ, the ethics of the Buddha, the morals of Confucius and the deep spiritual realization of the Hindus all find an exalted place in the philosophy of Religious Science”

We warmly invite our Alpine neighbors to come join us Sunday, November 11<sup>th</sup> for our 30<sup>th</sup> Anniversary Celebration.